KCGA CLASS INFORMATION

Kensington

Friday Group 5 | Spring 2027

My name: _____

FRIDAY	AGES	TERM
7:30-8:20 pm	18+ years	12 classes

Your Spring class dates

01 8 January 2027	02 15 January 2027
03 22 January 2027	04 29 January 2027
05 5 February 2027	06 12 February 2027
07 19 February 2027	08 26 February 2027
09 5 March 2027	10 12 March 2027
11 19 March 2027	12 26 March 2027

Venue and arrival

St Philip's Church, Earl's Court Road, London W8 6QH.
At the junction with Stratford Road. Arrive a few minutes before **7:30 pm** so you are ready for the warm-up.

Your fifty-minute session finishes at **8:20 pm**. Follow the coaching team's instructions and let them know about any injury or change affecting your participation.

Before each class

Wear the KCGA club T-shirt and suitable sportswear. Tie back long hair, remove jewellery and bring a named water bottle. Keep British Gymnastics membership current. Water only during sessions.

Contact KCGA

07999 578700 | kensington-gymnastics.uk/contact/

Prepared 26 November 2026. This card is a snapshot; check your class page for updates.
All times are London time. Full participation requirements and policies remain on your class page.